

Modernian SC Golden Eagle Meet 2019

www.modernians.org.uk

Affiliated to Swim England East Region Held under ASA Laws and Regulations and ASA Technical Rules of Racing

Bletchley Leisure Centre Swimming Pool Sat & Sun 28th & 29th September 2019

Level 2ER190517



To Club Entries Officers!

Thank you for your interest in our Golden Eagle Open Meet 2019

It's a great pleasure to send you the Meet Information Pack. You should find enclosed:

- Programme of Events
- Meet information
- Coach Pass Application form
- Male and Female lower limit times and an officials form

Programme of Events

Session 1 – 28/9/19 (warm up 1pm)				Session 3 – 29/9/19 (warm up 1pm)			
101	Girls	Open	400 Free	301	Boys	Open	400 Free
102	Boys	Open	200 Back	302	Girls	Open	200 Back
103	Girls	Open	200 Fly	303	Boys	Open	200 Fly
104	Boys	Open	100 Fly	304	Girls	Open	100 Fly
105	Girls	Open	100 IM	305	Boys	Open	100 IM
106	Boys	Open	100 Free	306	Girls	Open	100 Free
107	Girls	Open	50 Back	307	Boys	Open	50 Back
108	Boys	Open	50 Breast	308	Girls	Open	50 Breast
10min warm up				**10min warm up**			
109	Girls	Open	800 Free	309	Boys	Open	1500 Free
110	Boys	Open	800 Free	310	Girls	Open	1500 Free
Session 2 – 28/9/19 (warm up tba)				Session 4 – 29/9/19 (warm up tba)			
201	Boys	Open	400 IM	401	Girls	Open	400 IM
202	Girls	Open	200Breast	402	Boys	Open	200Breast
203	Boys	Open	200 Free	403	Girls	Open	200 Free
204	Girls	Open	200 IM	404	Boys	Open	200 IM
205	Boys	Open	100 Breast	405	Girls	Open	100 Breast
206	Girls	Open	100 Back	406	Boys	Open	100 Back
207	Boys	Open	50 Fly	407	Girls	Open	50 Fly
208	Girls	Open	50 Free	408	Boys	Open	50 Free

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Meet Information and Competition Rules

- 1) The meet is licensed by Swim England at L2 under Licence No. 2ER190517 for entry into National, Regional and County Championships and is subject to ASA Laws and Regulations and ASA Technical Rules of Racing. The promoter is J Stalley
- 2) The competition will be open to age groups 10, 11, 12, 13, 14, 15, 16+. Ages will be **as at 31st December 2019**.
- 3) All competitors must be members of an affiliated club, eligible to compete and registered in accordance with ASA Laws and ASA Technical Rules and may enter in the name of one club only. Entries may only be accepted from competitors registered as members of the SE, SASA or WASA as Category 2.
- 4) Entry times must be achieved since 1st January 2018 and be equal to or faster than the published qualifying times and on British Swimming Rankings and should be short course times. Converted times will be accepted. The conversion accepted is that built into the Sportsystems software. Entries will be accepted based on quickest time by age group.
- 5) Swimmers in possession of a Swim England Certificate of Swimming Disability or whose Swim England membership record details a disability Sport Class are welcome to enter the competition with a time slower than the lower limit standard. An entry time from Rankings must be provided
- 6) For the 800m and 1500m swimmers must meet the QT and these events will be limited to 6 heats for male and female (800m) and 3 heats male and female (1500m) based on fastest entries. Any competitor wishing to withdraw from either of the 1500m or 800m event can do so and will receive a refund provided the notification is received in writing **two clear weeks** before the meet date so that reserves can be notified to fill their place.
- 7) The promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced programme. The slowest competitors **may** be rejected if the meet is over subscribed. Should the meet be under subscribed the promoter reserves the right to extend the closing date which will be advertised on the website. **Entries on the day may be accepted subject to empty lanes in the first heat of each event.** The list of Accepted and Rejected entries will be published/available for download on the club website by 31st August. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that are required.
- 8) All clubs must submit their entries using the electronic entry files that will be available on the Modernian Swimming Club website. Entries must be made via Sportsystems Entry Manager file using the 'get times' button (or individual entry form if applicable). The entry report printout from Sportsystems must be emailed along with the exported entry file to meets@modernians.org.uk (or posted to the address shown on the club summary sheet below) and with the club summary sheet and offers of officials and must be returned by the closing date of **Friday 30th August 2019**
- 9) Entry fees are £6 per event or £10 for 800 or 1500m on electronic submission. Paper entries are accepted at a cost of an extra 50p per event (£6.50 or £10.50). Please pay by BACS and reference your club name (or make cheques payable to "Modernian SC").
Entry fees must be paid by Friday 30th August 2019
- 10) The pool is 25 metres long and 8 lanes wide. Over the top starts may be used at the Referees discretion. Electronic timing will be in use. A secondary strobe will be in use if it is available. Swimmers must not leave the pool by climbing over the time pads.
- 11) An award will be made to the fastest 3 swimmers in each age group.
- 12) Coaches **must** submit withdrawal forms for any swimmers not competing to the meet promoter 45 minutes before the start of each session. Withdrawals can be made up until midday on the Friday via email to meets@modernians.org.uk after this time withdrawals must be made on a withdrawal form that will be in the coach's pack and technical office.
- 13) Competitors must report to the Clerks of the Course when they are called. Any competitor not reporting in time **may** be excluded.
- 14) Coach packs are available for £20 for one day Saturday or Sunday or £30 for 2 days. They will include programme, start sheets, food and refreshments. If a club has 10 or more swimmers entered, it is recommended that there is one pass per 10 swimmers.
- 15) Refunds will only be made where a swimmer is rejected from the meet due to it being oversubscribed or for medical reasons declared before 27th September
- 16) There will be a charge to enter the building past the reception area. Spectator entry will be £5 per session. Programmes will be £2
- 17) Result sheets will be posted after each event. Results will be available on Modernian Swimming Club website www.modernians.org.uk
- 18) All persons wishing to use photographic equipment must adhere to Bletchley Leisure Centre's photography policy which will be displayed around the centre
- 19) Modernian SC uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data handled (name, club, recorded/entered times) may be made public during or after the meet.
- 20) Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing

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Club Summary and Coach Pass Application Form

Return the completed coach pass forms with the entry fees either by email meets@modernians.org.uk or by post to:

Modernian Swimming Club, 2 Comet Drive, Shortstown, Bedford MK42 0QY

Cheques made payable to 'MSC' to be returned by Friday 30th August 2019

Club		
Contact Name		
Contact Address		
Contact Telephone		
Contact e-mail		
Names of Coaches using passes		
Number of Female Electronic Entries	@6	£
Number of Male Electronic Entries	@6	£
Number of 800m/1500m entries	@£10	£
Number of Paper Entries	@6.50 or £10.50	£
Number of 1 day pass Saturday	@20.00	£
Number of 1 day pass Sunday	@20.00	£
Number of 2 day Weekend pass	@30.00	£
<u>Total</u>		£

THIS FORM MUST BE COMPLETED AND RETURNED FOR ALL CLUB ENTRIES WITH THE SPORTSYTEMS PRINTOUT, ELECTRONIC ENTRY FILE AND OFFERS OF OFFICIALS

THIS FORM MUST BE COMPLETED AND RETURNED WITH ALL PAPER ENTRIES.

ALL FORMS, PRINTOUTS AND PAYMENTS ETC MUST BE EMAILED TO: meets@modernians.org.uk

OR POSTED TO:

MSC – 2 Comet Drive, Shortstown, Bedford MK42 0QY

BACS DETAILS:
Modernian Swimming Club
Sort Code: 40 10 02
Account Code: 12739577

INDIVIDUAL ENTRIES CANNOT BE MADE USING SPORTSYTEMS

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Male Lower Limit times

EVENT	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16/over
50m Freestyle	43.23	40.92	38.61	36.41	34.43	32.89	31.90
100m Freestyle	1:39.55	1:28.66	1:23.27	1:18.21	1:14.03	1:11.06	1:08.86
200m Freestyle	3:24.60	3:12.28	3:01.17	2:50.50	2:41.26	2:34.88	2:29.93
400m Freestyle	7:10.98	6:42.60	6:20.60	5:59.48	5:41.44	5:27.25	5:17.57
800m Freestyle	12:20.00	12:20.00	12:20.00	10:40.00	10:40.00	10:40.00	10:40.00
1500m Freestyle	23:50.0	23:50.0	23:50.0	19:56.9	19:56.9	19:56.9	19:56.9
50m Breaststroke	56.43	52.80	49.61	46.09	43.56	41.47	40.04
100m Breaststroke	2:09.80	1:53.74	1:46.59	1:39.11	1:33.61	1:29.10	1:26.24
200m Breaststroke	4:22.90	4:04.64	3:50.12	3:34.83	3:22.29	3:13.38	3:07.77
50m Butterfly	48.18	45.10	42.68	40.04	37.73	35.75	34.65
100m Butterfly	1:55.50	1:39.44	1:33.06	1:27.01	1:21.84	1:17.77	1:15.68
200m Butterfly	3:59.03	3:38.02	3:25.26	3:12.17	3:01.17	2:51.05	2:46.87
50m Backstroke	49.61	46.75	44.33	41.36	39.38	37.29	35.86
100m Backstroke	1:50.00	1:39.55	1:33.72	1:27.67	1:22.50	1:18.65	1:16.23
200m Backstroke	3:47.37	3:32.63	3:20.86	3:08.21	2:57.54	2:49.73	2:44.78
100m Individual Medley	1:49.56	1:43.29	1:37.57	1:31.41	1:25.91	1:22.17	1:18.98
200m Individual Medley	3:53.42	3:37.36	3:25.48	3:13.38	3:01.83	2:54.02	2:49.07
400m Individual Medley	8:21.16	7:41.67	7:13.73	6:49.20	6:25.33	6:08.06	5:57.94

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Female Lower Limit times

EVENT	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16/over
50m Freestyle	43.89	41.47	39.27	37.73	36.63	35.75	35.20
100m Freestyle	1:36.36	1:29.43	1:24.26	1:20.85	1:18.43	1:16.89	1:15.57
200m Freestyle	3:25.48	3:12.94	3:01.39	2:53.80	2:48.85	2:45.22	2:42.80
400m Freestyle	7:15.27	6:41.39	6:18.07	6:02.78	5:52.88	5:45.18	5:41.22
800m Freestyle	12:30.5	12:30.5	12:30.5	09:56.2	09:56.2	09:56.2	09:56.2
1500m Freestyle	25:30.00	25:30.00	25:30.00	21:41.00	21:41.00	21:41.00	21:41.00
50m Breaststroke	56.87	53.13	49.94	47.52	45.98	44.88	44.33
100m Breaststroke	2:03.75	1:53.85	1:47.03	1:41.53	1:37.57	1:35.81	1:34.82
200m Breaststroke	4:23.45	4:04.31	3:49.68	3:38.02	3:30.65	3:26.69	3:24.38
50m Butterfly	48.29	45.43	43.01	41.03	39.71	38.72	38.17
100m Butterfly	1:49.23	1:39.99	1:33.39	1:29.32	1:26.13	1:24.59	1:23.38
200m Butterfly	4:02.00	3:40.22	3:25.04	3:15.03	3:08.10	3:03.59	3:01.28
50m Backstroke	49.83	46.97	44.55	42.57	41.25	40.48	39.71
100m Backstroke	1:48.35	1:40.10	1:33.83	1:29.54	1:26.90	1:24.81	1:23.71
200m Backstroke	3:49.57	3:31.75	3:19.87	3:11.73	3:06.12	3:01.28	2:58.64
100m Individual Medley	1:48.35	1:43.62	1:38.01	1:33.39	1:30.86	1:28.99	1:27.34
200m Individual Medley	3:53.97	3:37.69	3:24.93	3:16.68	3:10.41	3:06.45	3:03.92
400m Individual Medley	8:20.83	7:39.03	7:11.20	6:51.84	6:39.41	6:31.38	6:25.55

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Swimmer Entry Form

Form must be submitted for paper entries by individuals to the address shown below

If Clubs use this form for internal entries and then for submission electronically the fees will be £6 and not £6.50 as shown and the forms do not have to be returned

Name: _____ Club : _____

DOB: _____ ASA Number : _____

Event	Please tick (entry time is taken from British rankings)	Paper entry £6.50/£10.50** per event
50m Freestyle		
100m Freestyle		
200m Freestyle		
400m Freestyle		
800m Freestyle**		
1500m Freestyle**		
50m Backstroke		
100m Backstroke		
200m Backstroke		
50m Breaststroke		
100m Breaststroke		
200m Breaststroke		
50m Butterfly		
100m Butterfly		
200m Butterfly		
100m IM		
200m IM		
400m IM		
		Total cost:

For Paper Submission please post to:

Modernian Swimming Club
2 Comet Drive
Shortstown
Bedford MK42 0QY

BACS DETAILS:
Modernian Swimming Club
Sort Code: 40 10 02
Account Code: 12739577

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OFFICIALS REQUIRED

Are you able to help by officiating at one or more sessions? Meals are provided if you can cover both sessions in a day.

Could clubs please pass this on to all qualified & licensed officials likely to be attending the meet?

		Please tick box for all sessions you are available
Session 1	Sat 28 th September	
Session 2	Sat 28 th September	
Session 3	Sun 29 th September	
Session 4	Sun 29 th September	

Name	
Address	
Qualification	
ASA Registration Number	
Email Address	

PLEASE COMPLETE AND RETURN TO

meets@modernians.org.uk